

The Waters Immerse Us in Sacred Energy

2010 has opened up with a dazzling water display! Mother earth is speaking to us with her winds, rains and raging ocean. My clients and I at Sacred Discoveries in Pacific Beach have taken this opportunity to 'immerse' ourselves into this Ocean Vibration of Higher Consciousness. This vibration is something we can all use to our advantage. It is truly creative and allows for more abundance in our lives.

With this new vibration is a number. The number and vibration relate to the ancient Tree of Life (Hebrew Mysticism). The numbers 2 +10 of 2010 = 12. Twelve represents the Hebrew letter "Mem," which means "Water" or "Ocean of Divine Consciousness." Swimming in the Divine Consciousness allows us to connect with awareness to the creator/creatress within ourselves where all things are possible.

2010 may also be added to create 3 ($2+0+1+0=3$). Three represents "Binah – The Divine Mother", and the archetype "The Empress," also depicted as Venus. Binah facilitates creativity, fertility, and abundance, and is associated with Mother Earth, the oceans and the moon. This vibration is earthy, watery, grounding and emotional. Those in tune with the ocean understand the abundant, flowing, powerful, gift-giving mother that she is. Creating abundance means different things to each individual. For some, 'abundance' is an abundance of love rather than material things. This is the year to explore what abundance means in your life.

We all possess the ability to connect to higher vibrations - it is what we are made of. I enjoy empowering others by teaching Reiki, which means Life Force Energy. Through Reiki training an individual comes to realize that they *are* the Life Force Energy. The more we become aware of it the more energy we can radiate and experience.

I have been practicing energy healing and Reiki Energy Healing Sessions and attuning others to Reiki I, II, and III Master and IV Master Teacher for over 13 years. Reiki training is a profound, yet simple process that changes lives and is good for all. Reiki is not just for people who have a career in healing others but for all who wish to radiate their own life force energy into the lives of others.

The beauty of being a Metaphysical Counselor is that I can work with people of all religions as long as they are comfortable with the concept that we have the light of awareness within as well as all around us. This is the space where all healing begins.

I teach Reiki, Meditation for Healing & Relaxation, and Chakra Healing classes at Grossmont College, Palomar College and at the School of Healing Arts in Pacific Beach. I would love to share my training with you, hoping that you will enjoy a total immersion into the Ocean of Higher Divine Consciousness – a place of love, creativity and magic.



By Wendy Chaffin